

WHAT IS TONG REN ENERGY HEALING?

Tong Ren is a form of energy healing that was developed by Tom Tam, a prominent Boston area acupuncturist and healer. Tong Ren uniquely combines a western knowledge of anatomy and physiology with the ancient principle of “chi” or life force energy to create what many consider to be a powerful new healing modality.

Tong Ren is based on a belief that disease is related to interruptions, or blockages, in the body’s natural flow of chi, neural bio-electricity, blood, or hormones. Tong Ren seeks to remove these blockages, restoring the body’s natural ability to heal itself, even when illnesses are chronic, debilitating, or otherwise untreatable. Unlike qigong healing, which depends on the personal energy of the healer, Tong Ren is believed to access universal energy and direct it to the patient. Because no physical contact is involved or necessary, Tong Ren is often practiced as distance healing.

In a typical therapy session, the Tong Ren practitioner uses a lightweight magnetic hammer to tap targeted points on a small human anatomical model which is used as an energetic representation of the patient. In this way the practitioner directs chi to blockage points corresponding to the patient’s condition so as to break down resistance at these points. As blood flow, neural transmission, and hormone reception are restored, the body is then able to heal.

HISTORY

In the winter of 2001, Tom successfully healed a client with lung cancer by using energy healing exclusively. After that, Tom set up a healing class for cancer patients and, at the same time took the opportunity to train his students in this healing technique. By February 2002, the first healing class began. During the next three years more than 2200 people attended the “Guinea Pig” healing classes. As of late, the class has drawn people with diseases such as

Multiple Sclerosis, Parkinson’s Disease, Rheumatoid Arthritis, Lyme Disease, RSD, and HIV/AIDS - to name a few. People regularly come from other states and other countries to attend the healing class.

WHY DO WE CALL IT A “GUINEA PIG” CLASS?

Chinese custom believes that when you have found a lucky name you never change it. In the beginning, when practicing Tong Ren healing, new methods were tried for healing the most difficult cases. Patients were told that they would be part of a “Guinea Pig” Class. After the patients in the class received the “Chi” energy healing, many success stories began to surface and Tom saw dramatic results week by week. The name “Guinea Pig” class became a lucky symbol for Tom, his students, and the patients. So it remains “Guinea Pig” class to this day!

WHAT ARE “GUINEA PIG” HEALING CLASSES?

“Guinea Pig” classes are group-healing sessions using Tong Ren therapy. Each person who attends may receive several minutes of individualized Tong Ren treatment from the practitioner or practitioners leading the group or they may choose to just sit in the healing energy of the group. “Guinea Pig” classes are usually offered with no fee although a small donation is suggested to help defray costs associated with making the class available.

Currently, besides Massachusetts, “Guinea Pig” Classes are held worldwide to aid patient access. There are also separate classes for healing animals and long-distance “Guinea Pig” classes that are conducted by telephone bridge line for individuals who do not have access to a “Guinea Pig” Class in their area.

DO I HAVE TO BELIEVE IN CHI OR IT’S POWER TO HEAL?

No, belief on the part of the recipient is not necessary. Just being open to the experience is enough. The results are proof. Infants and pets have been treated with excellent results.

Recipients do not have to believe. However when someone doesn’t believe in energy healing and rejects Tong Ren, it is not beneficial because rejection is also energy.

HOW MAY TONG REN BENEFIT THE LATE STAGE CANCER PATIENT?

In healing we never give up on any illness. We treat all sickness no matter what stage or condition. Where there is life, there is hope. Many late stage cancer patients have utilized Tong Ren therapy and have reported becoming more relaxed and energetic, pain easing or bodily functions improving. It means that quality of life has improved. There have also been many difficult cases in “Guinea Pig” classes of patients becoming symptom-free or tumor-free. It is a true miracle in this modern time.

HOW OFTEN CAN I USE TONG REN HEALING?

The more Tong Ren healing you receive, the greater the benefit. You can never do too much, only not enough. If you like to use Tong Ren therapy, you can do it as frequently as two to three times a week, or even daily.

HOW CAN I GET THE MOST OUT OF THE “GUINEA PIG” CLASS?

Getting “recharged” with Chi regularly keeps the “engine” of the body tuned up. Attending weekly “Guinea Pig” classes supports the body’s healing process when disease is present. If that is not possible, attendance at least once a month is helpful, even if the disease process has gone into remission or disappeared.

Other ways to keep up with Tong Ren healing are:

1. Learn to do Tong Ren and use the hammer and model to treat yourself daily, even if only for five minutes.
2. Speak with others in the GP class and support each other by staying in touch between classes and exchanging Tong Ren healing on each other over the phone.

IF I DON'T HAVE A SERIOUS PROBLEM,
CAN I STILL JOIN THE CLASS?

Anyone can join the class. The best healer heals
the disease before it presents itself.

❧ FIND A GUINEA PIG CLASS ❧

Find a Guinea Pig Class near you through the
Guinea Pig Directory at www.tomtam.com

Conference call long-distance Guinea Pig
Classes are also available. Check the
conference call schedule at www.tomtam.com.

❧ LEARNING TONG REN ❧

Sharing the knowledge is an important
component of this work. If you are
interested in learning Tong Ren Healing,
any practitioner or student will be willing to
share his or her knowledge of Tong Ren
with you.

To learn more about Tong Ren Healing,
visit www.tomtam.com for a variety of
informative articles and videos.

Books and supplies can be ordered through
www.tongrenshop.com.

Classes with Tom Tam and senior
practitioners are also available. Check
www.tomtam.com for dates and locations.

Disclaimer

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educational purposes only. It is intended as a sharing
of information based on our own research and
experience. We encourage you to make your own
healthcare decisions based upon your own research
and partnership with qualified healthcare
professionals.

TONG REN HEALING

can be done in the form of:

- **INDIVIDUAL**

Healing Energy Treatments

- **GROUP**

Healing Energy Treatments

(called "Guinea Pig" Classes)

- **SELF-HEALING**

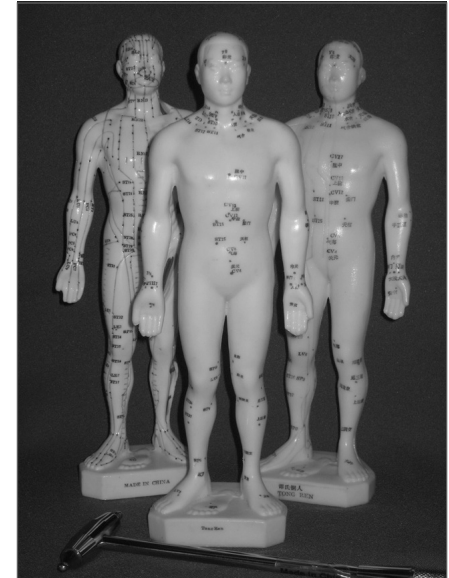
- **LONG-DISTANCE**

Energy Healing Treatments

THE IMBALANCE OF BIO-
ELECTRICITY IS ONE OF THE
MAJOR REASONS OR CAUSE OF
SICKNESS. TO HEAL THE
SICKNESS, WE SHOULD OPEN
THE BLOCKAGE WHICH
CAUSED THE IMPULSE OF BIO-
ELECTRICITY TO BE OUT OF
BALANCE. -Tom Tam

TONG REN

THERAPY



❧ Energy Healing ❧

“A practical tool
for health and
well being.”