



Bio-Mat Amethyst Professional
w/ Amethyst and Tourmaline Pillow

Amethyst Bio Mat with Amethyst and Tourmaline Pillow

What Is a Bio Mat ?

The "Bio Mat" is an FDA licensed medical device designed by doctors, scientist, and engineers, (U.S. F.D.A. Medical Device: 2954299.)

It provides a high-tech Negative Ion and Far Infrared (FIR) Light Therapy for pre or post medical treatment and recovery.

The Bio Mat balances natural high energy Negative Ions with far reaching Infra Red Light waves through a highly specialized Texas Instruments Computer System.

The Ionic and infrared light waves are keyed through an Amethyst Quartz Super Conductor System, in order to give of the most powerful and healthy stream, with the highest absorbable frequencies.

Far Infrared Light penetrates 6 to 8 inches into the body, where it benefits muscles, all the cells, blood vessels, lymph glands, and nerves, rather than just the surface skin.

Restore Health and Beauty !

Unlike other devices, the Bio-Mat does not get hot when it is turned on. When you lie down, the mat warms the inside of your body and the part of the pad touching it. As the far Infrared light and charged ions deliver a molecular massage, they do not warm the mat or the Amethyst Crystals. The Bio-Mat delivers a powerful light source that increases blood alkalinity and speeds cellular regeneration, while providing a deep state of relaxation. NASA discovered that Far Infrared Rays are the safest and most beneficial light waves.

What Can A Bio-Mat Do ?

- Relieves Pain and Joint Stiffness.
- Reduces Swelling and Inflammation by improving Lymph Flow.
- Reduce Stress and Fatigue.
- Increase Flow of the Micro-circulatory System.
- Decreases Hyperactivity.
- Strengthens the Cardiovascular System.
- Removes Wastes and Toxins.

**Rejuvenates Skin and Cellular Function.
Reverses Degenerative Disease Cycles.
Boosts Energy and vitality.
Induces Deep Delta Relaxation.
Regulates Psychological Well Being.
Burns Calories and Controls Weight.**

How Does A Bio-Mat Work?

Negative Ion Energy, Amethyst Quartz Crystals, a Highly Specialized Control Panel, and the Bio Mats Exclusive Construction, function to increase the efficiency of Far Reaching Infrared Light. All this enables the Bio Mat to produce the most powerful and healthy light stream, with the highest absorbable frequencies.

Now you can have this wonderful medical device in your home or clinic, but achieving this was not easy and didn't just happen by chance.

The story about the Bio Mat is a story about common knowledge of Amethyst, a Nobel Prize in 1991, breakthroughs in NASA research, and the latest high-tech manufacturing. This web site will tell you the Bio Mat story, so you will understand what might sometimes be complicated or confusing facts.

(more)

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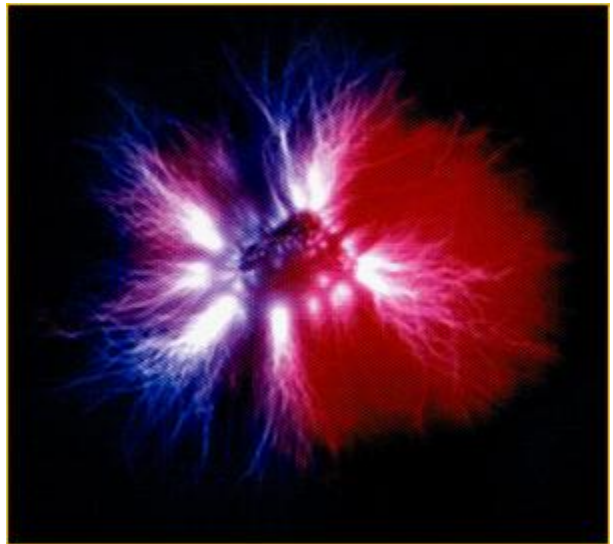


Far Infrared Rays can penetrate deeply. It can warm our body from the inside out and stimulate our system.

All surfaces radiate Far Infrared Rays (FIR) waves as a function of surface temperature. However, this special compound of alumina (Al_2O_3) and silica (SiO_2) can convert any normal energy into Infrared Rays waves in a most efficient manner at room temperature. The materials containing these compounds will generate more Infrared Rays waves than ordinary materials. The discovery of these mineral oxides, and their capabilities to generate Infrared Rays waves was made by NASA.

Infrared waves which are at the opposite side of the spectrum are health kinds that give you warmth and relaxation. Medical and therapeutic professionals have found that the same Infrared rays as in natural sunlight are generated in the Bio-Mat™ Amethyst by modern technology, minus the skin damaging UV. You'll feel those tired muscles relax as helpful dry heat not only warms the surface of your skin, but also penetrates into your skin for deep, soothing comfort. According to a Journal of the American Medical Association report, in a single Infrared Ray sauna session, you may burn as many calories as you would rowing or jogging for 30 minutes, so you lose weight not just water.

Results show an improvement in the cleansing of the entire body with the far infrared heat rays. The absorption of Long Wave Infrared Rays by the human body begins with the elimination of carbon dioxide. All living bodies have toxins (waste material, poisons) which accumulate at the body joints. Improvement in the body system is felt by some people in 1 day, or it may take some people several months (2-3 months).



During research of the heat effect of the seven colors, it was found that the temperature rises when the color is changed from purple toward red, and even without color after passing red. This light (with a strong heat function) was named Long Wave Infrared Rays. Long Wave Infrared Rays not only warm our bodies, but they stimulate various bodily functions. They can make our bodies feel fully changed.

When Long Wave Infrared Rays are beamed into the body, they are absorbed by the body and they resonate through it, similar to the sound and energy waves of a bell when it is struck.

Long Wave Infrared Rays penetrate 14 to 15cm (6 inches) into the body. Therefore, these rays not only benefit the muscles on the surface of the body, but all cells including blood vessels, lymph glands, and nerves in the deepest parts of our body. These Long Wave Infrared Rays penetrate through the skin to the subcutaneous tissues transforming from light energy to heat energy that relieves shoulder pain, lumbago, and

fatigue of the body muscles.

Moreover, the thermal effect within the deep layers of tissues causes blood vessels in capillaries to dilate, promoting better blood circulation, an overall improved metabolism, and the heat produced promotes perspiration which helps expel body toxins, metabolic waste and unhealthy materials such as urea, nitrogen, uric acid, sodium, and chlorine which cause kidney infections and other problems.

Far Infrared Rays also increase the heart rate and blood circulation which are both crucial to maintaining your health. The heart rate increases as more blood flow is diverted from the inner organs toward the extremities of the skin without heightening blood pressure.

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Healing properties of Amethyst, mental, physical and spiritual from the New Age and Medical Science.

Amethyst healing is an art and practice, done on a metaphysical level that has been re-discovered because of the power of the earth's energies that have been absorbed by these sacred objects. In turn, they inherit vital healing powers for many types of ailments. Amethyst has come to be known as a power crystal with prolific healing powers that can be characterized as *purifying, pacifying and transitional*.

Amethyst has the ability to transform lower energies into higher and acts as a healer at all levels of mind, body, and spirit. The healing powers of Amethyst date as far back as the Greeks who believed that Amethyst protected a person from the intoxicating effects of alcohol.

The world's best source of Amethyst comes from Korea. Known for its power to detoxify the body from alcohol and other harmful elements, Amethyst also produces Far Infrared Rays. These rays revitalize the biological function of your cells to: **increase blood circulation, promote perspiration, relieve neuralgia, backaches, and arthritis, and eliminate toxins**. The far Infrared rays are good for **relaxation, perform an anti-bacterial function and purify the air**.



There are many physical uses which the healing powers of Amethyst are a remedy. As an elixir, it can be used to treat tooth aches, skeletal discomforts, posture and other bone and joint-related sickness (such as

arthritis). Amethyst also **cures problems within the stomach and digestive tract, heart and hearing disorders**. It has been known to **treat various types of blood disease, and balancing blood sugar**.

As a healing stone or crystal it is used to treat and heal problems involving the central nervous system, and is a **treatment for both convulsions and neuralgia, and contains sobering and calming qualities**. This stone is commonly associated with peace. It soothes those who have engaged in constant rigorous mental activity. It has been deemed as "*natures tranquilizer*" by many healers because of its effectiveness in relaxing not only the mind, but also the nervous system. It is also known for **protecting the mind from psychic attacks**, and transforming negative energy into that of positive and tranquil tenacity.

Amethyst is identified as a crystal that functions favorably in clearing certain types of blockage, and in **aligning the chakras**. By transforming energies on all levels, amethyst also has the ability to balance and stabilize energies located within certain areas. Amethyst is related to and found to heal and align ailments.

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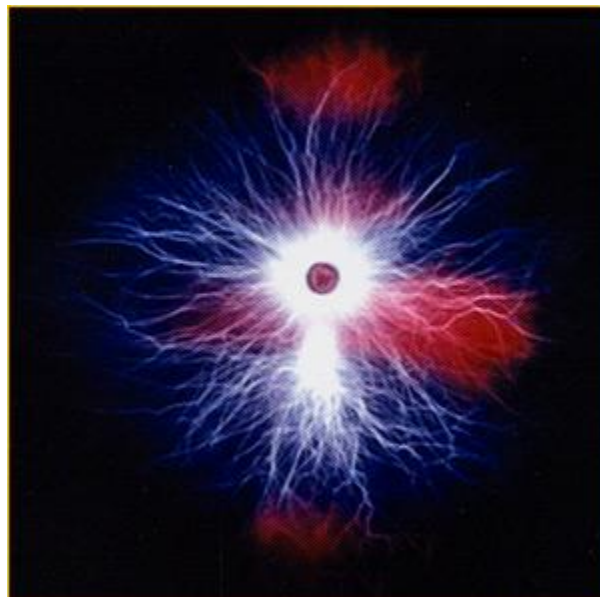
Negative Ions

A Life Giving Energy of the Bio-Mat™ mx

In order to have a healthy life in our modern society, we cannot ignore the effects of "Ions". There are many Ions in the air we breathe, and the percentage and number of Positive Ions and Negative Ions change depending on the time and place. An Ion is a particle which has electricity. Ions are being made in the air we breathe so fast that 10 to 20 Ions per cubic centimeter are being made per second. There are *200 to 500 Ions in 1 cubic centimeter of ordinary outdoor clean air, and 100 to 200 Ions in 1 cubic centimeter of clean indoor air*. Many studies of the relationship of the Ion (especially the negative Ion) to our health have been made by professional researchers who agree that our health is dependent on the amount and quality of Ions in the air.

The human body consists of billions of cells, and each is enclosed by a cell wall. This cell wall performs many important roles, and one of these is to absorb nutrition and eliminate waste material. The function of the entire cell (including the cell wall) can be normalized if there are enough negative Ions within the cell as well as outside the cell. The reverse holds true if there is a lack of negative Ions, and too many positive Ions within a cell. Thus, absorption of nutrition and elimination of waste material cannot be done effectively. As a result adult diseases such as hypertension, arteriosclerosis, cerebral apoplexy, and cancer occurs.

Other afflictions caused by an improper number of Ions in the body include anemia, allergies, infirmity, shoulder pain, lumbago, rheumatism, neuralgia, headaches, habitual constipation, gastroenteritis, hepatitis, kidney trouble, unbalanced autonomic nervous system, and insomnia. Too few negative Ions in our body can cause many diseases, and have a dangerous effect on our overall health.



So how do negative Ions make us healthier? Through research done by Dr. Takada Maku in Japan, it was discovered that when negative Ionization is introduced, the Ions in calcium and natrium (salt) in the blood increases, and the **blood is purified by increasing blood alkaline**. When the amount of negative Ions in the blood is increased, the function of a cell is activated. The electrical material exchange speeds up the cell function, and as a result, nutrition is fully absorbed by the cell and waste material is eliminated. Metabolism is increased and the function of the cell is gradually revived.

Clinical research at a Tokyo Dental College Hospital sponsored by the Japan Red Cross in Shinjuku found that negative Ions have a positive effect in the control of the nervous system in the relief of tension.

At the Public Hygiene Class at Shinsa University, clinical research showed the following: most people experienced good effects in relation to their internal organs after a few weeks of usage. The stomach showed the fastest effects, and the **function of the liver was improved** which counteracted many poisons.

Dr. Koudo Michio reported that symptoms of paralysis had been dramatically reduced after supplying negative Ions for 30 days. After 90 days of treatment, the patient had recovered completely. Dr. Koudo Michio said that the negative Ion treatment is **very effective for light shoulder sclerosis**, as well as, symptoms of paralysis in fingers, arms, and the whole body due to occupational effects experienced by the nervous system.

In Kumamoto Hospital Japan, Dr. Nagayama of the Kyoto Pain Research Institute found the pain relieving efficiency of the negative Ion had a *notable effect* on most headache and neuralgia cases.

If 600 to 1000 volts of negative potential is applied to an insulated body, *more calcium and sodium minerals in the circulating blood get ionized*, thus changing an acidified body to an alkaline body. Although it uses a high voltage, since there is no current flowing there is no danger. It is effective for stiff shoulders, headaches, insomnia, and chronic constipation. When you leave the Bio-Mat Amethyst on it will fill the room with negative Ion particles. You may notice a layer of dust accumulate because the negative Ions are changing the particles in the air causing them to fall.